

HELPING THE ADDICT YOU LOVE

THE NEW EFFECTIVE PROGRAM FOR GETTING PERSONS WITH ADDICTION INTO TREATMENT

TOUGH LOVE AND INTERVENTION AREN'T THE ANSWER

Do you love someone who is struggling with addiction? Do you question tough love and intervention? Here is a new approach to getting the addict you love into treatment—without getting hurt yourself. In this reassuring book, Dr. Westreich presents a third option: creative engagement and constructive coercion.

Many experts suggest that you disengage or risk being an enabler, that you cut all ties or be taken advantage of, that you protect yourself from your loved one. But many friends and family members can't turn away from a person they love.

Dr. Westreich guides you through the emotional process of getting the person with addiction on the road to recovery. He provides scripts to lead you through pivotal conversations and outlines several treatment options. It's okay to want to help, and Dr. Westreich will teach you how to do so.

**Monday, September 10
6:45-9:00 pm**

**Minnie Howard School
3801 West Braddock Road
Alexandria, VA 22302**

There is no cost to attend.

Book sale and signing to follow.

Laurence Westreich, M.D., is a board certified psychiatrist who specializes in the treatment of persons dually diagnosed with addiction and mental disorders. Dr. Westreich is associate professor of clinical psychiatry in the Division of Alcoholism and Drug Abuse, New York University School of Medicine. He was formerly the director of a Dual Diagnosis Unit and Detoxification Unit.



This event is in recognition of National Alcohol and Drug Addiction Recovery Month— a celebration of the valiant efforts of people who are in recovery from substance use disorders, as well as the efforts of their biggest supporters.

Sponsored by the Alexandria Community Services Board, Friends of the Alexandria Mental Health Center and the Partnership for a Healthier Alexandria's Mental Health & Substance Abuse Prevention Work Group.